



General Information about Cowdery's Advance Health Care Directive Kits

This Advanced Health Care Directive Kit includes a Durable Power of Attorney for Health Care, a Living Will, provisions for organ donations, and a primary physician designation, set forth in a manner that allows the user to complete any, all or part of the provisions, as well as specify individual wishes in detail. Each set includes a Wallet Identification Card stating the contact information about the person or persons you named to act on your behalf. By keeping this Identification Card in your wallet, your wishes may become known should you become incapacitated due to an accident or illness.

You have the final say in what type of medical care, if any, is best for you. You have the right to make legal documents called Advance Directives wherein you set forth your wishes regarding your health care should you become seriously ill. Hospitals and healthcare providers ask all patients who are admitted if they have an Advance Directive and record this information in the patient's medical record.

There are two types of Advance Directives commonly used:

- The **Living Will** is a legal document that allows you to state in advance your wishes regarding the use of life-sustaining procedures or treatments. The Living Will is implemented only when you are terminally ill and you do not have the capacity to make treatment decisions for yourself. By making a Living Will, you can be permitted to die naturally or choose to prolong your life as long as possible.
- The **Durable Power of Attorney for Health Care** is a legal document that permits you to name another person or persons to act on your behalf in decisions involving your medical care should you become unable to speak for yourself or otherwise make your wishes known.

You may stop or revoke your Advance Directive at any time.

Your signature on your Advance Health Care Directive must be either notarized or signed by two qualified witnesses.

More detailed information, instructions and a Quick Start Tutorial is included within each Kit.

This Kit is expressly produced for sale in California. Some states have additional language that may vary from this California version.
